

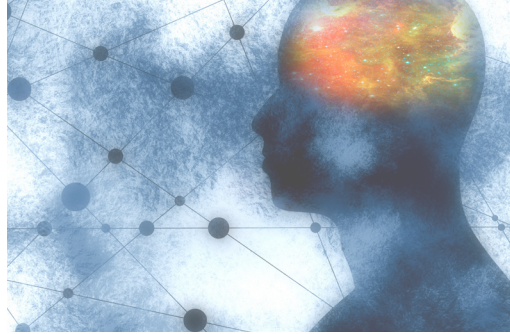
Our Mission

Behavioral Health Services of Greater Cleveland believes that all the solutions to everyone's problems come from within. It is our mission to help clients explore alternatives and find solutions that work for them. Each person's truth is affected by the environment around them and by their own personal history.



We believe that helping people understand their personal history, while still focusing on present day issues is an important aspect of recovery.

No matter what the environmental stressors may be, no matter what their circumstances are, we believe that happiness is attainable, and we believe that we can help each client find their own personal truth that leads to long term success, peace, happiness, confidence, and recovery.



BEHAVIORAL HEALTH SERVICES
OF GREATER CLEVELAND

Two Locations:

315 West Liberty Street
Medina, OH 44256
Phone: 866-466-9591
Fax: 440-772-1010

20525 Center Ridge Road, Suite 403
Rocky River, OH 44116
Phone: 866-466-9591
Fax: 440-772-1010

Telehealth Services Also Available



BEHAVIORAL HEALTH SERVICES
OF GREATER CLEVELAND



Providing Family, Couples
and Individual
Counseling & Consultation



Who We Are

Behavioral Health Services of Greater Cleveland was founded by principal therapists Ruth Fiala, LISW-S, David Smith, LISW-S, LICDC and Aaron Ellington, PhD, LPCC-S, LICDC-CS. We draw from many decades of combined experience in counseling and therapeutic services to empower people to find their inner strength to meet the challenges they face on a daily basis.

Personable in our approach, we share a philosophy of support that believes in compassionate honesty. If there are problems or challenges, we can help you find the solution that works for you.

What We Do

Our team is composed of dedicated professionals who serve individuals, couples, families and groups. Our professionals work with all ages from childhood to older adults who experience a wide array of mental health and substance abuse concerns; including:

- ◇ Mood Disorders
- ◇ Older Adult Issues
- ◇ Trauma and Grief Issues
- ◇ Anxiety Disorders
- ◇ Adjustment Disorders
- ◇ Child & Adolescent Disorders
- ◇ Personality Disorders
- ◇ Substance Related Disorders
- ◇ Gender Identity Disorders
- ◇ Anger Management Issues



How We Work

Our wide array of services accommodates a variety of schedules for easy access, and promotes a calm, accepting, problem solving approach. We collaborate with each person to explore strengths, help them work through challenges and encourage success through insight oriented techniques and behavioral change interventions.

We believe in collaborating with other professionals to ensure the provision of services in the community. We will work with all referral sources, ensuring that all professionals who are working with the client are on the same page, and working towards the same goals. These professionals include, but are not limited to: Case Workers, Probation Officers, School Administrators, Physicians, Judges and Magistrates.

For Families

Our therapists respect and listen carefully to each member of the family, and work together with the parents as a collaborative team.

For Couples

Its important to understand that each relationship has unique strengthes and issues. By seeking couples counseling, you'll be giving your relationship the best chances for success.

For Individuals

Most people with mental health issues can get better. Recovery and treatment are ongoing processes that happen over time and the first step is reaching out for help.